

Name of route	Carnedd Moel Siabod			Map	OL 17 & OL18
Duration	4 hr + breaks	Distance	10 km	Ascent	750m
General notes	One of the most enjoyable short walks in Snowdonia – a good scramble up, great views at the top and a gentle stroll down.				
Weather				Dark at:	

Start point parking, public transport, meeting point	Park in the lay-by alongside the A5. Start the walk on map OL17.	Starting GR	737570
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Direction	Distance	Ascent/Descent	Duration	See on the way	Escape route	End point	End GR	How to know if you have over-shot
NW then SW	900m	100m ↑	25 mins	Walk NE along A5, turn sharp left onto B road over the bridge, then take path forking right through the woods.	Back the way you have come.	Alongside farm buildings on RHS	732568	If you are more than 100m from the woods.
SW	1500m	150m ↑	40 mins	Follow track up hill, crossing 4 fences / stone walls aiming for the bottom of the ridge.	Back the way you have come.	Small lake on LHS	723560	If you have passed the lake.
SW	1400m	160m ↑	40 mins	Continue up path, passing water-filled quarry with ridge above you on RHS. Switch to map OL18.	Back the way you have come.	Top of saddle looking down on lake Llyn y Foel	715550	If you start walking down again.
South	700m	20m ↓	10 mins	Walk either way around Llyn y Foel to the notch at the bottom of the ridge.	Back the way you have come.	Bottom of ridge	713545	If you have passed the start of the ridge.
West	800m	340m ↑	50 mins	Scramble up ridge. Cliff on RHS, steep slope on LHS.	Back the way you have come, sticking to south side if ridge is lost.	Carnedd Moel Siabod	705546	If you are walking down again.
NNE	2100m	460m ↓	35 mins	Walk NNE down hill, gradually leaving ridge on RHS and finding path. Switch back to map OL17.	Continue on planned route.	Style	713565	If you have crossed any fences.
NNE	900m	150m ↓	15 mins	Follow path entering woods.	Continue on planned route.	Meeting wide path	716574	If you cross a wide path.
East	1500m	60m ↓	25 mins	Turn R onto path, follow it through woods.	Continue on planned route.	Bridge over river	731576	If you cross the bridge.
South then SE	900m	20m ↓	15 mins	Follow path keeping river on LHS then follow road back to start.	Continue on planned route.	Start point	737570	If you pass your start point.

Post-walk notes	
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Ready reckoner

Speed	3km/h	4km/h	5km/h
100m	2 mins	1 ½ mins	72 secs
250m	5 mins	3 ¾ mins	3 mins
500m	10 mins	7 ½ mins	6 mins
1km	20 mins	15 mins	12 mins

Add 1 minute for each contour line climbed
Add 1 minute for each 3 contour lines of steep descent

Don't forget time for breaks

The Country Code

- When walking in the countryside, please remember:
- Enjoy the countryside and respect its life and work
 - Guard against all risk of fire
 - Fasten all gates
 - Keep your dogs under close control
 - Keep to public paths across farmland
 - Use gates and stiles to cross fences, hedges and walls
 - Leave livestock, crops and machinery alone
 - Take your litter home
 - Help to keep all water clean
 - Protect wildlife, plants and trees
 - Take special care on country roads
 - Make no unnecessary noise

Clothing:

- walking boots
- thick, warm, socks
- non-cotton trousers
- non-cotton base layer
- several non-cotton warm layers
- waterproof jacket
- hat
- gloves

Each walker to carry a small rucksack, containing:

- water (1 ltr winter, 2 ltr summer)
- food
- spare warm clothes
- emergency food
- waterproof over-trousers
- whistle
- survival bag
- mobile phone

Additional leader equipment:

- map
- compass
- group shelter
- basic first aid-kit
- torch
- rope
- route card
- emergency card
- permanent ohp pen
- emergency food for group
- emergency hat, gloves and fleece for group

The leader does not need to carry all of the items above themselves - they can be shared out amongst the group, particularly if they are warned in advance to leave some space in their bags.

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